



Introduction to Electro Play

June 2026



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Introduction

Electro Play, a form of sensation play, incorporates controlled electrical stimulation to create tingling, pulsing, or stinging sensations that may induce excitement or arousal. In this introduction, we will cover beginner-friendly tips and techniques for safe Electro Play. In addition, we will discuss the materials and equipment needed, along with important safety measures to consider before, during, and after a play session.

Materials

Electro Play comes in several different forms, and each requires the use of equipment specifically designed and approved for the scene. Homemade or modified electrical devices should never be used. Unregulated tools can malfunction, deliver unsafe levels of current, or distribute electricity unpredictably through the body, creating serious safety risks for the submissive. Professionally manufactured devices are built with safety measures and controlled output systems to reduce the risk of injury during play.

Electric Shock Play

This form of play commonly utilizes a violet wand device. Violet wands are designed with a variety of attachments that can create different sensations depending on the intensity and type of scene being explored. Attachments may range from broad stimulation tools to more focused points of contact, allowing the Dominant to control the experience more safely and intentionally.

Electric Stimulation Play

Electric stimulation play focuses more on muscle and nerve stimulation through the use of a T.E.N.S. unit (Transcutaneous Electrical Nerve Stimulation). These devices send controlled electrical pulses directly to targeted nerves and muscles, causing involuntary muscle contractions or “flexing” sensations throughout the body. The intensity can vary depending on placement, settings, and the individual’s tolerance.

Electric Sensation Toys

Some electro play toys incorporate T.E.N.S.-style technology into insertable or wearable devices. These toys are designed to deliver controlled stimulation internally or externally, creating heightened nerve sensations and unique physical responses during play. As with all electro play equipment, only body-safe, professionally manufactured devices intended for this purpose should be used.

Before You Begin

As the Dominant in the scene, one of your most important responsibilities is ensuring the safety and well-being of the submissive. Before engaging in Electro Play, it is essential to have detailed conversations about medical history and conduct a thorough health screening. Electro Play can trigger serious reactions to underlying medical conditions that may not be visibly apparent.

Some major health concerns to review include:

- Heart monitors and/or pacemakers
- Hip, joint, or bone replacements
- Epilepsy or seizure disorders
- Open sores, cuts, or lesions

These conditions can create dangerous reactions when electrical currents are introduced to the body. Electrical stimulation may interfere with medical devices such as pacemakers, causing them to malfunction or short circuits. Metal plates, screws, or replacements inside the body can also alter the path of the electrical current, making it difficult to control where the sensation travels and potentially increasing the risk of serious injury or fatality.

Because of these risks, it is critical that both the Dominant and submissive carefully review all health concerns before play begins.



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You should also remain mindful of body piercings. While piercings are generally not life threatening in Electro Play, metal jewelry can intensify or redirect electrical sensation. This may create a much stronger shock than intended and can quickly shift a scene from pleasurable to unsafe if not monitored carefully.

Before Care

In an ideal scene, you should have the submissive wash their body beforehand to remove any oils, lotions, or sweat that may have accumulated. It's important to ensure they are completely dry before beginning the scene. While water can later be introduced as an element to intensify conductivity and sensation, it's best practice to begin on a dry surface and gradually incorporate additional elements as the scene progresses.

Once the submissive has been properly prepared, you may position them on a flat surface. Electro play is generally more effective and controlled when the submissive is lying flat rather than sitting upright or in a chair. This positioning allows the electrical current to distribute more evenly across the body while also providing better stability, comfort, and monitoring throughout the scene.

Before beginning, make sure to test your device and confirm that all attachments are functioning properly. This helps ensure that the electricity remains controlled by the dominant and contributes to a safer experience for the submissive. You should also confirm that the device is securely plugged into an appropriate power source and that all tools and equipment are organized and laid out before the scene begins. Proper preparation allows the scene to flow smoothly while maintaining safety, communication, and control throughout the experience.

During

During the scene, your level of engagement and focus is extremely important. Always begin using the violet wand on a low setting, gradually increasing the intensity as desired and as consented to by the submissive. It's essential to pay close attention to the body's reactions, including muscle movement, breathing, vocal responses, and overall comfort with the sensation of the device. Constant communication and active listening are key components of electro play and help maintain both safety and connection throughout the experience.

It is often recommended to avoid loud music during the scene so you can remain fully attentive to the sounds of the electro device as well as the submissive's reactions and verbal cues. This can also be an ideal time to introduce sensory play by limiting other senses to heighten the awareness of touch and electrical sensation. For example, sensory deprivation masks or restraint techniques may be incorporated to increase anticipation and intensify the experience in a controlled and consensual way. These elements can add additional layers of stimulation and kink to the electro play scene while keeping focus on communication, trust, and intentional control.

Before applying the violet wand to a submissive, it is also good practice for the dominant to first test the device on themselves. Turn the device on and lightly run it along your own skin, such as up and down your arms, to understand the intensity and sensation level of the current setting. Testing the device beforehand allows you to become familiar with the tool's output and helps you better gauge appropriate intensity levels for the submissive during the scene. This preparation supports a more controlled experience and allows adjustments to be made based on the desired level of play, the submissive's comfort, and the progression of the scene.

It's equally important to remember that some submissives may try to endure more intensity than they can comfortably handle because they want to please or be of service to their dominant. Because of this, the dominant should remain mindful and avoid relying solely on verbal reassurance when gauging tolerance levels. Pay close attention to the submissive's physical reactions, body language, breathing, and overall responsiveness throughout the scene. Consistent check-ins and active observation are essential during electro play.

Aftercare

Aftercare is an essential part of any electro play scene and should begin immediately after the scene has ended.



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Once the violet wand and all electrical devices have been turned off and safely put away, the dominant should help the submissive transition out of the heightened physical and mental state of the scene in a calm, supportive, and attentive manner.

Begin by checking the submissive's physical condition. Examine the skin for any redness, irritation, bruising, or welts that may have developed during play. If needed, apply cool compresses, soothing lotions, or other agreed-upon skin care methods to provide comfort. Offer water or electrolytes to help the submissive rehydrate, especially if the scene involves prolonged stimulation, sweating, or restraint.

Summary

Electro play can be a stimulating, exciting, and intense experience when done safely and responsibly. Always have clear safety conversations before, during, and after the scene to establish consent, limits, and comfort levels.

Use only tested and approved equipment, and make sure all devices are functioning properly before play begins. Most importantly, remain attentive and engaged with your submissive throughout the scene by monitoring their physical reactions, communication, and overall well-being. Trust, awareness, and safety are the foundation of a successful electro play experience.

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Disclaimer:

In all of our T.E.A.C.H sessions, our members are intentional in discussing the health and safety aspects of the kinks they are presenting. All kink play has risks, and by taking part in these activities you accept those risks and assume responsibility for them. ONYX cannot accept any responsibility or liability for any accidents or harm that could be encountered during your kink play. Get Educated. Get Consent. Be Safe. Have Fun!