



# Consent 101 – An Introduction

July 2020



Kaleidoscope  
ONYX

## Introduction

The purpose of this TEACH is to discuss Consent. The different types of consent, what it applies to, how to get it and how it can be removed.

### I. The Law of Consent

#### A. What is consent?

1. An agreement between participants to engage in sexual activity. Consent doesn't have to be verbal, but verbally agreeing to different sexual activities can help both you and your partner respect each other's boundaries. Consent is all about communication. There are 4 primary types of consent.

#### B. Types of Consent

##### 1. *Implied*

- a) An assumption of permission to do something that is inferred from an individual's actions rather than explicitly provided.
  - (1) Drivers assumed to consent to Blood Alcohol Testing.
  - (2) Patients roll up their sleeve for an injection or to have their blood pressure tested, they are assumed to have given consent and have no legal grounds to claim it was done against their will.

##### 2. *Expressed*

- a) Permission for something that is given specifically, either verbally or in writing.

##### 3. *Informed*

- a) Permission granted in the knowledge of the possible consequences.

##### 4. *Unanimous*

- a) Situation in which no member who is present objects to a proposal.

#### C. Negotiation

##### 1. Determining and defining consent

###### a) *SSC – Safe, Sane & Consensual*

1. Is our kinky thing **safe** to do?
2. Is it a **sane** thing to do?
3. Do we **consent** to it?

###### b) *RACK – Risk-Aware Consensual Kink*

1. **Risk-aware:** Simply, you're "aware of the risk" but it should go further than that. You should be able to name said risks and know how to prevent them.
2. **Consensual:** Everyone is on board with what you're about to do or what you're currently doing.
3. **Kink:** The thing, activity, power exchange, scene, or moment — your kinky debauchery.



## D. Offering consent

1. Remember **FRIES** - Consent is:
  - a) **F**reely Given
  - b) **R**eversible
  - c) **I**nformed
  - d) **E**nthusiastic
  - e) **S**pecific
2. A person cannot grant informed consent if they are mentally incapable, under the legal age of consent (18), not fully informed of the risks involved, not told the truth about partners involved, etc.

## E. Refusing or Revoking Consent

1. Consent can be refused or revoked at any time.
2. A *safeword* is used when one participant is uncomfortable and wants the scene to be less intense or stop altogether. Safewords should be established before a scene begins. All participants should be aware and respectful of those words.
3. The universal safewords red, green, and yellow mean stop, go, and slow down.

## F. Extended Consent - The following must be treated as an extension of someone's body and / or situations in which consent is required.

### 1. Property

- |              |            |
|--------------|------------|
| a) Leathers  | d) Collar  |
| b) Harness   | e) Jewelry |
| c) Head gear | f) etc.    |

### 2. Submissives

- a) Touching and interacting with them also requires their consent.

### 3. Scenes

- a) Joining
- b) Interrupting
  - (1) Impending health or safety concern
  - (2) Rare occasions

### 4. Likeness or Images

- a) Sharing or posting of image(s) or video(s)

### 5. Information

- a) Private play date / activity information
  - (1) Including to those close to (potential) partners
- b) Medical status



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## Summary

**Consent is key.**

Consent is an agreement between the participants of an activity. There are many types of consent, and they should all involve some level of negotiation.

Remember that consent is freely given, reversible, informed, enthusiastic and specific. It applies to not only a person’s body, but their property, submissives, scenes, likeness and information. It doesn’t have to be verbal, but verbally agreeing to different sexual activities can help both you and your partner respect each other’s boundaries.

For the protection of all parties involved in an activity, consent that is in violation of federal, state or local law should not given / accepted.

## Other Reference Material

<https://www.rainn.org/articles/what-is-consent>

<https://www.plannedparenthood.org/learn/relationships/sexual-consent>

<https://cdn2.hubspot.net/hubfs/206683/Resource%20PDFs%20and%20DOCs/IRB%20Institutional%20Review%20Board/Types%20of%20Consent.pdf?t=1519317911496>

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**Disclaimer:**

*In all of our T.E.A.C.H sessions, our members are intentional in discussing the health and safety aspects of the kinks they are presenting. All kink play has risks, and by taking part in these activities you accept those risks and assume responsibility for them. ONYX cannot accept any responsibility or liability for any accidents or harm that could be encountered during your kink play. Get Consent. Be Safe. Have Fun!*